

CAFÉ PSYCHOLOGIQUE

Conversations in the art of life...
talk, listen and share

Tuesday 30 April, 8 pm

YOGA:

BODIES, MINDS AND BALANCE

Amelia Radford, Yoga Teacher

Hosted by Chris Powell
Group Analyst

SEVEN ARTS, CHAPEL ALLERTON, LS7 3PD
MONTHLY ON TUESDAY AT 8PM
£4 ON THE DOOR

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