

# CAFÉ PSYCHOLOGIQUE

Conversations in the art of life...  
talk, listen and share

Tuesday 25 September, 8 pm

**MENTAL HEALTH STIGMA:  
WHAT IT MEANS TO YOU**

Helen Williams  
Clinical Psychologist

Hosted by Chris Powell  
Group Analyst

**SEVEN ARTS, CHAPEL ALLERTON, LS7 3PD  
MONTHLY ON TUESDAY AT 8PM  
£4 ON THE DOOR**

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