

# ROOM TO BREATHE

Every season, a day to stretch  
your legs and your mind

The next walk is  
Saturday 13 January 2018  
9.30 am – 4.30 pm  
Yorkshire Sculpture Park

Then:

17 March, 23 June, 22 September 2018

Company to walk, talk,  
and think things through,  
with the help of skilled facilitators

Each day costs £38, or £114 for four  
For more details and to book a place  
email or ring Chris Powell on  
[walk@spark.uk.net](mailto:walk@spark.uk.net) or 07817 089352