

CAFÉ PSYCHOLOGIQUE

Conversations in the art of life...
talk, listen and share

Tuesday 29 April 8 pm

WHAT A PERFORMANCE:

Why we get so anxious presenting
and performing in front of others,
and what to do about it

Liz Oxtoby
Counsellor & Performer

Hosted by Chris Powell, Group Analyst

SEVEN ARTS, CHAPEL ALLERTON, LS7 3PD
THE LAST TUESDAY EVERY MONTH AT 8PM
£3 ON THE DOOR

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