

# CAFÉ PSYCHOLOGIQUE

Conversations in the art of life

Tuesday October 25<sup>th</sup> 8  
pm:

## HAPPINESS

WHAT IT IS AND HOW TO KEEP IT

Tuesday November 22<sup>nd</sup> 8  
pm:

## CHRISTMAS

AND HOW TO SURVIVE IT

Hosted by Chris Powell, Group Analyst

**SEVEN ARTS, CHAPEL ALLERTON, LS7 3PD**  
**THE 4TH TUESDAY EVERY MONTH AT 8PM**  
**£3 ON THE DOOR**

**MORE INFORMATION: [CAFE@SPARK.UK.NET](mailto:CAFE@SPARK.UK.NET)  
[INFO@SEVENLEEDS.CO.UK](mailto:INFO@SEVENLEEDS.CO.UK) OR PHONE 0113 262 6777**

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